

# PACIFIC NORTHWEST CoDA RETREAT

March 12, 13, 14 2010

SEABECK CONFERENCE CENTER

## Working At Recovery



Codependence Anonymous is a 12 Step  
Program of Recovery

Seabeck Conference Center  
<http://www.seabeck.org>  
Seabeck, Washington

**BUDGET NOW TO PARTICIPATE  
IN THIS EXCITING RETREAT**

\$50 deposit

\$150 registration

\$175 single room registration

Make checks payable to:

Cindy Mullen

***raffles - workshops -  
fellowship***

Return this form by with deposit or full registration fee to:

Cindy Mullen  
1623 N. Western Ave  
Wenatchee, WA 98801  
mullen\_cindy@hotmail.com

Make checks payable to:  
Cindy Mullen

Deposits can be sent starting November 1, 2009 through February 15, 2010

**Single Room is first come first serve.**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email Address: \_\_\_\_\_

Attending: \_\_\_\_\_

Room Type (Single, Share, Handicap Accessible): \_\_\_\_\_

Special Food/Dietary Needs (Be Specific so Seabeck can best meet your needs):

\_\_\_\_\_

Willing to donate raffle basket \_\_\_\_\_

Volunteer for snack food, raffle ticket sales, or cleanup: \_\_\_\_\_

**Volunteer to be a Break-Out Group Leader:**

Break-Out Groups last approx 1 hour, Break-Out Group Leaders can share a story or activity in keeping with the message for the weekend. You do not need years in recovery to be a group leader. As leader you share your story or activity and open the group to sharing. It's as simple as that.